Gender diversity in physics

Laura McCullough, PhD Professor of Physics University of Wisconsin-Stout

Disclaimers

- Topic can be uncomfortable
- Learning is uncomfortable!
- Happy to provide sources
- Focus on gender
- QR code on last slide—my website & these slides
- I love this topic = I talk fast!

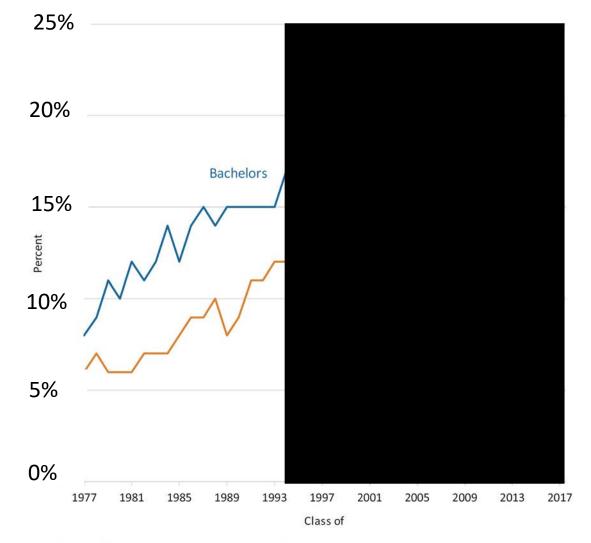
Use the chat box to ask questions, comment, or answer my questions!

About me

- BA in Physics, Hamline University, St. Paul MN
- MS in Physics, Univ. of Minnesota, Minneapolis MN
- PhD in Science Education, Univ. of Minnesota, Minneapolis MN
- Professor of Physics at UW-Stout for 21 years
- Dad is a PhD physicist, one mom a middle school math teacher, one mom a MS chemist
- Day 1 of physics grad school: WTH?

Why talk about gender and physics?

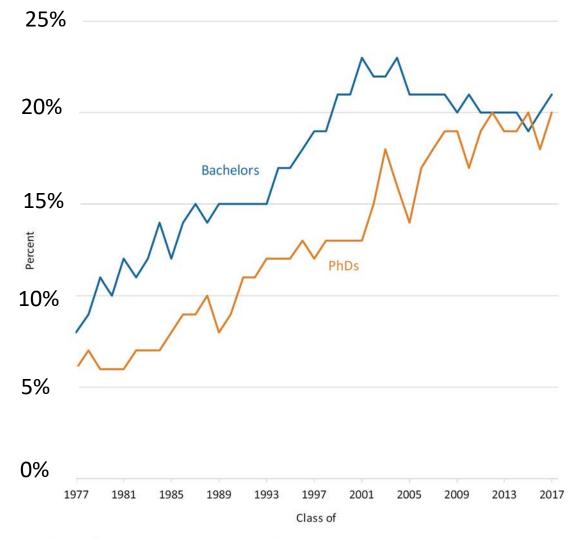
Percent of Physics Bachelors and PhDs Earned by Women, Classes of 1977 through 2017



Source: AIP Statistical Research Center, Enrollments and Degrees Survey.

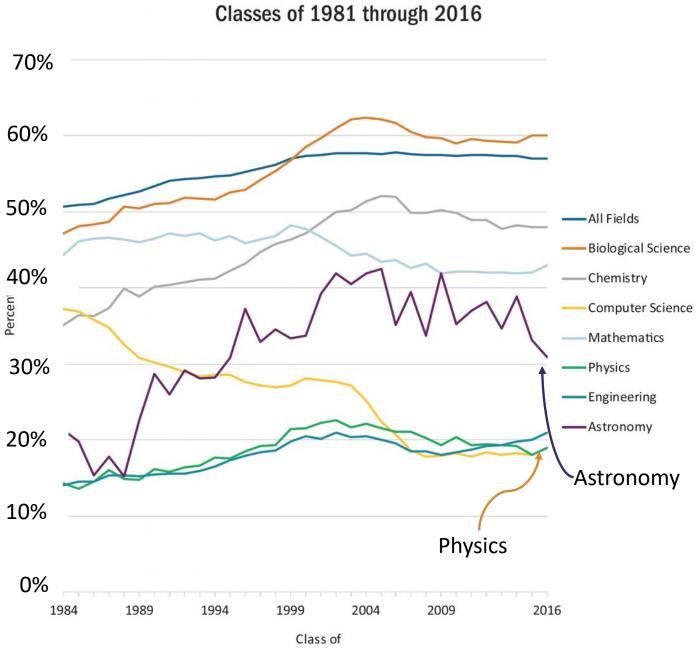
AP Statistics aip.org/statistics Women in Physics and Astronomy 2019, Anne Marie Porter

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AIP Statistics aip.org/statistics aip.org/statistics Women in Physics and Astronomy 2019, Anne Marie Porter



Percent of Bachelor's Degrees Earned by Women in Selected Fields, Classes of 1981 through 2016

Source: National Center for Education Statistics. Data compiled by AIP Statistical Research Center

Number of African American, Hispanic, and Native American Women Earning Bachelors in Physical Science Fields, 2003 and 2013

| | Total Number of Degrees Earned | | Degrees Earned by African American, Hispanic, and Native American Women | |
|-------------------------|-----------------------------------|--------------------------|---|--------------------------|
| | Degrees in 2013 (#) | Change '03–'13 (%) | Degrees in 2013 (#) | Change '03–'13 (%) |
| Earth Sciences | 5,506 | 64 | 223 | 182 |
| Atmospheric Sciences | 760 | 25 | 19 | 111 |
| Chemistry | 14,886 | 50 | 1,307 | 41 |
| Physics | 6,760 | 59 | 118 | 40 |
| Astronomy | 413 | 33 | 11 | -8 |
| Oceanography | 247 | 75 | 13 | 333 |
| Other Physical Sciences | 812 | 23 | 62 | 138 |
| All Physical Sciences | 29,384 | 53 | 1,753 | 54 |

2013 women bachelors physics: 1162 astronomy: 128

Faculty women: 2014

| Academic Rank | % Physics Dept | % Astro Dept | |
|---------------------|----------------|--------------|--|
| Full professor | 10 | 15 | |
| Associate professor | 18 | 29 | |
| Assistant professor | 23 | 29 | |
| Instructor | 23 | 19 | |
| Total | 16 | 19 | |
| | N~9000 | N~600 | |

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Faculty women of color: physics and astronomy

- PhD granting departments:
 - Black 2%
 - Hispanic 4%
- MS granting departments:
 - Black -0-
 - Hispanic 14%
- BS granting departments:
 - Black 3%
 - Hispanic 3%
- Hispanic women #s increasing; Black women #s steady

OK, so what?

• Waste of talent

- What ideas have been lost?
- How slowly have we made progress?
- How much energy has been diverted from science?
- How much money has been diverted from science?

Moral issue

- Serious inequity in our culture
- Social justice issue
- Systemic racism, sexism, etc.

Factors <u>causing</u> underrepresentation

- Culture, not biology!
 - Harassment (3/4 of undergrad physics women!*)
 - Lack of role models
 - Lack of support
 - Societal messages
 - Microaggressions

*Aycock, Hazari, Brewe, Clancy, Hodapp, Goertzen. PHYSICAL REVIEW PHYSICS EDUCATION RESEARCH 15, 010121 (2019)

Factors <u>continuing</u> underrepresentation

- Work-home balance
- Microaggressions*
- Lack of support
- Gendered expectations
- Tokenism
- Sexual harassment

*Barthelemy, McCormick, Henderson doi:10.1119/perc.2014.pr.005

Cultural factors

- Societal belief that women don't belong in science
- Implicit bias
- Stereotype threat
- Mindset

Implicit (Unconscious) Bias

- Growing up \rightarrow culturally instilled values
- Pervasive: everyone has them
- Separate from explicit biases (can be same or different)
- May differ from our declared beliefs
- Tend to favor our own in-group
- Malleable—thank goodness!

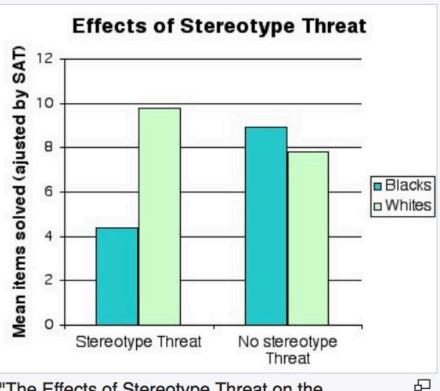
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http://kirwaninstitute.osu.edu/research/understanding-implicit-bias/

Stereotype Threat

- Risk of confirming a negative stereotype
- Triggered by mentioning stereotype (or even being unconsciously aware of it)
- Lowers performance of stereotyped groups



"The Effects of Stereotype Threat on the Standardized Test Performance of College Students (adjusted for group differences on SAT)". From J. Aronson, C.M. Steele, M.F. Salinas, M.J. Lustina, *Readings About the Social Animal*, 8th edition, ed. E. Aronson

http://www.reducingstereotypethreat.org/ https://en.wikipedia.org/wiki/Stereotype_threat

Mindset

- Fixed mindset: your qualities are set and unchangeable
- Growth mindset: your qualities can be cultivated and developed

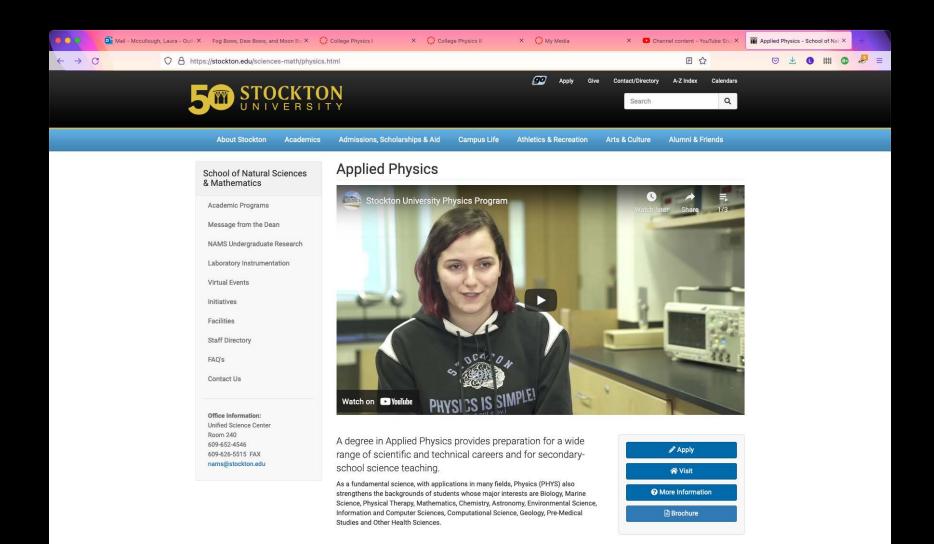
How do these affect women?

- Implicit bias:
 - Women get lower evaluations, lower starting salaries, fewer job offers, etc.
 - Women's work is valued less than men's
- Stereotype threat:
 - Women's performance is lower than it should be
 - Self-doubt, less connection to field, less sense of belonging
- Mindset:
 - "Girls can't do science" vs. "Anyone can do science!"
 - Growth mindset improves women's performance more than men



What helps?

"It's not that scary to be a woman in physics."



What helps: undergraduates

- Active SPS chapter
- Student lounge
- Engaged faculty
- CUWiP
- Mentors (peer and other)
- Data! Collect information and analyze

"What Works?" Whitten et al.

What helps: graduate students

- Open study/support groups
- "Safe face"
- Career advising
- Mentoring
- Check-ins
- Advisor education

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What helps: careers

- Value service obligations
- Observations: who talks? who is the social secretary?
- Data! (Climate survey)
- Spousal hires (Women 204% more likely to relocate for a spouse)
- Spend resources on equity
- Acknowledge employees are human
- Avoid comparing people to people; compare people to specific goals/objectives

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What can individuals do?

- Find your biases! Take the Implicit Association Test. https://implicit.harvard.edu/implicit/
- Look for counterexamples to stereotypes and share them widely https://www.aps.org/publications/apsnews/202110/profile.cfm
- Collaborate, support, promote
- Watch for bad language, interruptions, assumptions
- Ensure seminar/conference speakers represent many groups

Some reassurance

- Women's experiences in science are much better than it was 20 years ago
- Most obvious discrimination is gone
- Women are moving into positions of leadership and power and visibility
- Younger generations more likely to engage on these issues

- Things have been getting better! We need to keep the momentum going.
- This means YOU!

Conclusions

- Women are under-represented in physics and astronomy
- We should be welcoming everyone to physics
- Change comes from everyone working together
- Things are getting better
- We all can help make a difference!

Thank you!

